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Treating Disease With A Famous Face

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By ALEX KUCZYNSKI

A PUBLICIST from a big agency with clients called on a hunch.

"This might be a long shot," she said, "but is the hot new disease."

Everybody who is anybody has I.B.S., casting off liaisons a comedian, an actress a couple. Even John F. Kennedy, whose diagnosis was made, posthumously.

And I.B.S. stands for?

"Irritable bowel syndrome," the public Lynda Carter — an actress perhaps best remembered as Wonder Woman in the 1970's — was to be celebrity spokeswoman for the syndrome.

And so a few days later, there was Ms. addressing a luncheon at a Midtown Manhattan about, well, constipation. "Sometimes people three or four days without ," she said then a twitchy, anxious smile onto her face.

An expectant silence followed. Ms. Carter's superheroine were golden wristlets that magnified bulbous, coughed and sallied forth.

"I mean, if Bob Dole can talk about his she added, sounding helpful.

She was right, of course. In America, it rarely any disorder, no matter how lowly, not had its image enhanced thanks to a spokesman. Anorexia and its curves have been voiced by Danny Glover, rheumatoid arthritis Tom Turner and bladder control by Debbie Rare syndromes have found spokesmen in Bo (stanza-telangiectasia) and Rob Lowe (febrile pemia).

The public does not always understand t of these celebrity champions are paid playe

CELEBRITY Ms. Lynda Carter lifts the veil.

Amy Doner Schachtel, the president of Premier Entertainment Consulting, which competes with Mr. Greenberg's firm, arranged the marriage between Ms. Carter and Novartis.

She would not say how much Ms. Carter was paid, but fees for similar alliances can range from tens of thousands of dollars to $1 million, said Ms. Doner Schachtel, who has helped arrange paid deals for Mr. Lowe and Mr. Glover.

"Sometimes they are paid for a one-day appearance and sometimes they are paid for 20 days over the course of a year," Ms. Doner Schachtel said. "So the fees obviously vary."

Ms. Doner Schachtel, who has been linking celebrities with drug companies since 1996, maintains a database of stars and diseases. In the case of Ms. Carter, she spent months calling agents before finding a celebrity with a suitable connection to irritable bowel syndrome; Ms. Carter's mother has I.B.S.

HOW ARE YOU? Kelsey Grammer and his wife, Camille, discussing irritable bowel syndrome. Julia Roberts before a House panel on the topic of Rett syndrome.

Celebrity affiliation can, at times, attract much needed attention. Katie Couric, the co-host of "Today," has helped to raise about $20 million for colon cancer research since the death of her husband, Jay Monahan, in 1998.

Gregory Baird, the vice president for communications of Novartis, saw nothing wrong in the use of celebrities to market health care. "In the end, I think we're better if we can still find the Lynda Carters of the world who can say, 'Women, here is permission to talk about what you have,' " he said.

Ms. Doner Schachtel said: "People can be skeptical of the celebrity angle. But the reality is that Americans listen to celebrities, not the medical expert who is unknown to them. How else are you going to get the word out so effectively on public health issues?"